

ITEM NO.: 18510

CONTENTS: 90 CAPSULES

## ANTIOXIDANT PROTECTION

Adding more fruit and vegetables of any kind to your diet can be beneficial to your health. But some foods are higher in antioxidants than others. The three major antioxidant vitamins are vitamin A, vitamin C, and vitamin E. You'll find them in colorful fruits and vegetables – especially those with purple, blue, red, orange, and yellow hues.

Antioxidant is a classification of several vitamin-rich organic substances, including bioflavonoids, phytonutrients, and the carotenoids that add colour to fruits and vegetables. At the molecular and cellular levels, antioxidants deactivate free radicals, which are damaged molecules that seek to repair themselves by stealing materials from our body's healthy cells.

Free radicals are the natural byproducts of many processes within and among cells, and they are also created by exposure to various environmental factors--such as air pollution, pesticides, food additives, and radiation--and the effects of aging, stress, and illness. We all need a nutritional shield and defence against the hazards of everyday living. Free radicals are believed to play a role in many different health problems. Free radicals can cause damage to cell walls, certain cell structures, and genetic material within cells. Over time, this damage can become irreversible.\*

## HEALTH BENEFITS

PhytoPath® is a highly effective combination of vitamins A (beta- carotene), C and E to supplement your daily diet:

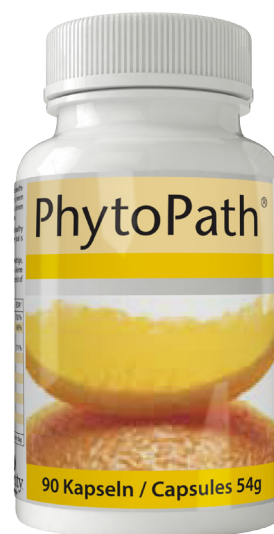
- ✓ Vitamin C and E contribute to the protection of cells from oxidative stress
- ✓ Vitamins A and C contribute to the normal function of the immune system
- ✓ Vitamin C contributes to normal collagen formation for the normal function of blood vessels
- ✓ Vitamin A contributes to the maintenance of normal skin and normal vision

## RECOMMENDED USE:

Take 2 capsules daily with water at mealtimes.

## INGREDIENTS

Vitamin A, C, and E, D-alpha-tocopheryl acetate, gelatine, L-ascorbic acid, green tea extract, curcumin extract, OPC-containing grape seed extract, buckwheat extract, OPC-containing pine bark extract, beta-carotene, fruitpowder of apricot, peach, pomegranate and plum, citrus bioflavonoids, red wine extract, bulking agent: micro crystalline cellulose, anti-caking agent: silicon dioxide.



## PHYTOPATH

AMOUNT PER SERVING	DAILY SUPPLY	RDA*
VITAMIN C	134mg	168%
VITAMIN E	90mg	750%
BETA-CAROTENE (VITAMIN A)	5.3mg	111%
GREEN TEA EXTRACT	134mg	
CURCUMA EXTRACT	100mg	
*% OF THE RECOMMENDED DAILY AMOUNT (RDA)		