

UNICITY COMPLETE CHOCOLATE



You know you want to eat healthier and feel better, but you also know that it's sometimes easier said than done. You need to make sure you're controlling your caloric intake, getting enough protein, and eating foods that won't make your blood glucose spike, all while getting the right nutrients. You'll be lucky if you find something that meets all of those requirements and is palatable enough to make it all worth it.

Unicity Complete is a convenient way to meet all these needs. It's a delicious meal replacement, developed to provide you with the nutrition you need to be healthy. Complete is high-protein and low-carb, and it contains fiber to increase satiety. Drinking Complete for breakfast is a great way to start your day and set yourself up for success.

Complete Chocolate with Stevia is a delicious alternative to the traditional vanilla flavor.

BENEFITS

Serves as an easy and convenient meal replacement shake.

Provides 18 grams of protein to burn more fat, increase muscle mass, and feel fuller.

Contains 100% of recommended daily intake for many essential vitamins and minerals.

Contains 4 grams of fiber for increased satiety.

SUGGESTED USE

Mix two scoops of Complete with water or milk and drink as a meal-replacement shake.

For even better results, stick to the 4-4-12 rule. The 4-4-12 rule spaces your meals and allows for fat-burning intervals in between.

Pair with Unicity Balance for even more help resisting cravings and burning fat.

AUDIENCE

Primary Target: Individuals looking for a healthy meal replacement in an eco-friendly package.

Secondary Target: People wanting a convenient way to get many essential vitamins and minerals.

Nutrition Facts

Serving Size 2 level scoops (36,8 g)
Serving Per Container about 15 (552g)

Amount Per Serving

Calories 120 Calories from Fat 30

Energy 502 kJ

		% Daily Value*
Total Fat	2 g	4%
Saturated fat	0 g	
Trans fat	0 g	
Sodium	0,23 mg	
Potassium	790 mg	40%
Total Carbohydrate	11 g	3%
Dietary Fiber	4 g	16%
of which sugar	3 g	
Protein	18 g	

Vitamin A	75%	Vitamin C	75%
Calcium	45%	Vitamin B-1	91%
Vitamin D-3	70%	Vitamin E	117%
Niacin	44%	Vitamin B-2	143%
Folic Acid	200%	Vitamin B-6	143%
Biotin	210%	Vitamin B-12	240%
Phosphorus	39%	Pantothenic Acid	50%
Magnesium	37%	Iodine	35%
Copper	100%	Zinc	30%
Chromium	13%	Manganese	50%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

OTHER INGREDIENTS

Soy protein isolate, milk protein isolate, cocoa powder, whey protein isolate, fructose, inulin, aroma, dipotassium phosphate, whey protein concentrate, whey powder, calcium carbonate, vitamin- and mineral mix (vitamin A acetate, thiamin mononitrate, riboflavin, pyridoxine HCl, cyanocobalamin, niacinamide, folic acid, cholecalciferol, d-alpha-tocopheryl acetate, ascorbic acid, pantothenic acid, biotin, zinc oxide, potassium iodide, chromium yeast, manganese sulfate, copper sulfate), sunflower oil, dried glucose syrup, potassium citrate, emulsifier soy lecithin, thickener xanthan, sodium chloride, magnesium oxide, thickeners guar gum and carrageenan, protease enzyme, sweetener sucralose, ferrous fumarate, aloe vera gel concentrate.

CONTAINS: MILK